

Alpha Epsilon Delta

Monday, September 23

Scan to join the GroupMe!



Scan for attendance!



Join our Teams using code: o1qvjf9



**Internal Medicine
Residency | UPMC
Presbyterian Shadyside**

**DO | Philadelphia
College of Osteopathic
Medicine**

**B.S. in Biology | Penn
State University**

Dr. Becky Simcik, DO

Director of University Health Services, (she/ her)

Fall Sub-Chairs

Fall 2024 Sub-Chairs

Mentorship

Devika Bhavsar
Sarah Vinson

Service

Jamie Mooney
Ethan Lan
Effie Frank

Discussion Leaders

Yashu Bansal
Grace Bulera
Dara l'Anson

Social Media

Akene Moutchia

Speakers

Hannah Fields
Katrina Stroh

Social Events

Gabriella Kibardin

Editor

Jacob Kohler
Chloe Heintz

Alumni Engagement

Troy Alexander

Scholarship

Siya Kakadia

Please meet with
your executive board
members before you
leave today!

Full-Year Sub-Chairs

Lion Care

Carolyn Tarpley
Sarah Quinn

Family Relations

Addison Firestone
Emmaleigh Shinno
Maren Bowman
Michael Brunst
Cassidy Nuss

THON Strategic Planning

Justin Deekollu

THON Alternative Funds

Isabella Bautista-Santiago
Logan Eisaman

THON Public Relations

Megan Hampshire

DHT Conference

Amanda Liu
Srita Pulivarthi
Hamna Ahmad
Julianna Keller
Mar Escarcega (Research)

Please meet with
your executive board
members before you
leave today!

Thank you everyone for applying! We appreciate your interest in serving your fellow pre-health students.

Congratulations to those chosen! If you were not chosen this semester, do not be discouraged. There are plenty of ways to show your commitment and to get involved. **We hope you continue your passion!**

Exciting Announcement!



Voting closes 09/25 at 5:00 PM!



Our lovely FR chair Bailey is on this year's Homecoming Court! Vote for her to receive the Guide State Forward Award!

After scanning the QR code, scroll down to "Court Voting" as seen above, and fill out the attached form to vote for Bailey!!

Merch

Merch Designing Contest

- **Details**

- Can either hand draw or use Adobe
- Limit to 1-2 colors used and make it simple
- Winning design announced at the next GBM
- **Award:** Winner will get **FREE** merch from last year!
- **Due:** By **Thursday, Oct. 3rd at 11:59 PM**
- Submission is worth **1 activity point**

Merch interest form &
design submission!



[Interest Form](#)

THON

THON 2024 Recap Video



- **9/23:** Online Sticker Sale Alt Fund Begins!
- **9/30:** AED @ Vibe Coffee Co Benefitting THON
- **10/4:** Alt Fund Fest on HUB Lawn
- **10/5:** AED Ribbon Sale Benefitting THON
- **10/7:** Online Sticker Sale Alt Fund Ends

Upcoming Events

ALPHA EPSILON DELTA
STICKER
& RIBBON SALE
BENEFITTING THON™

ORDER ONLINE:



\$2/1 or \$5/3



Sticker Sale Benefitting THON!!!!!!

How to Order?

1. Scan QR code and make selection (will be on Teams)
2. Pay Cash to Exec Member before 10/7
 - a. Stop by office hours, bring cash to the next GBM, or contact Reese to find a different time
3. You will be contacted when stickers are delivered for pickup

1 Active Point for ordering any quantity

Other Upcoming Fundraisers

Vibe Coffee Co. Benefitting THON (9/30)

- AED meetup @ noon!
 - 1 Active Point
- Order ANY TIME
 - 1 Passive Point

You **MUST** mention AED at checkout!



Ribbon Sale (10/5)

- 1 Active Point / Hour Volunteering
- Sign up on Teams (posted tomorrow)



THON 5K (10/20)

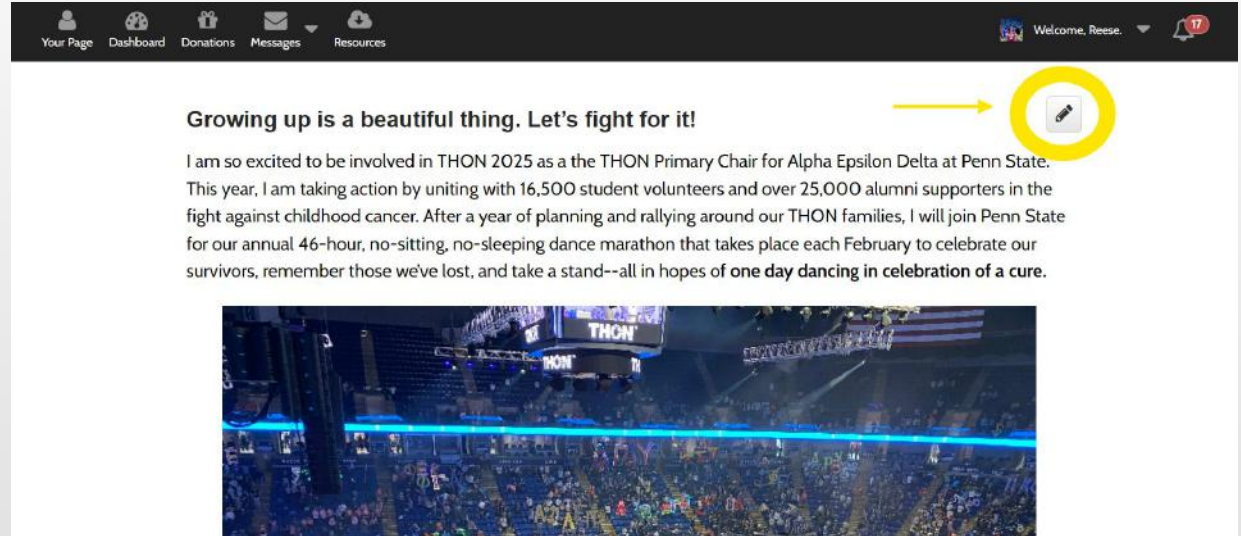
- Register to run (or walk) with AED!
- You will receive an email with a waiver where you can **credit \$5** of registration toward AED!
 - **Public Number is #65**
- Free food before the race (while supplies last), dancing, music, and food trucks!



Get 1 Passive THON Point Now!



Receive **1 THON Point** by making a *Donor Drive* and *Customizing* your page!



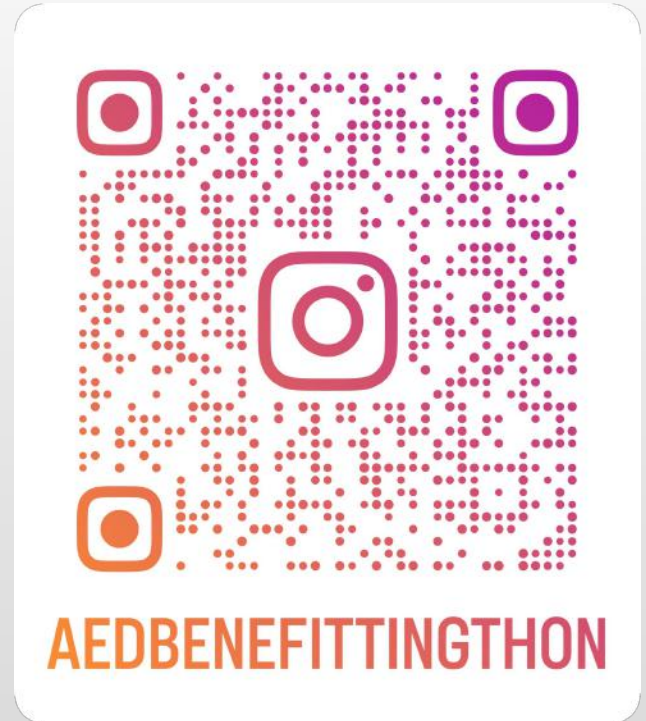
Customized DonorDrive pages receive **540% more donations!** You can add videos, pictures, and **tell your THON Story!**

THON Point Opportunities

- See the **pinned post in the Teams THON channel** for opportunities to receive THON points
 - Corporate Donation Form
 - Donation Box Form
- Submit for points from *ALL* THON events on the [THON Point Tracker](#) in the pinned post

Stay Up-To Date with THON Fundraisers by following our Instagram!

Reach out to Reese for any questions or concerns



THON - Family Relations

THON Family Updates :)

The CLARA Shepps Family



Fam in DC!



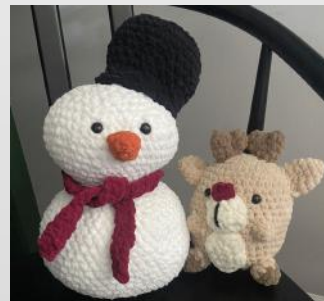
Puppy "Emmie"



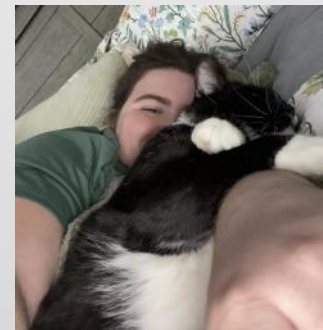
The MARY Torres Family



Cat "Dibs"



Crochet MASTER



Diversity in Healthcare Task Force (DHT)

Vaccine Field Day → Sunday, Oct. 20

- **2024 DHT Conference Solutioning Phase**
Winning Proposal: A field day to mitigate vaccine misinformation
- Volunteers needed to facilitate games and activities
- Worth **1 service point per hour** of volunteering

Sign up to
volunteer here!



Diversity in Healthcare

EASTERLY PARKWAY ELEMENTARY

VACCINE FIELD DAY

Sunday, October 20
12 PM - 4 PM

Join us for an interactive event designed to educate young minds about vaccines!

Prizes | Bouncy House | Food Vendors | More

Funded by Diversity in Healthcare
@diversity_in_healthcare

Tentative DHT Discussion Groups

Group 1:

Yashu Bansal

Morgan Kelley

Olivia Adams

Group 2:

Grace Bulera

Hannah Mirshahi

Janelle Bowmaster

Group 3:

Dara l'Anson

Laura Cooney

Kevin Tian

If you see your name up here and you can no longer participate in a group, please let me (Laura) know before the tentative info session for sub-chairs and presenters on **Tuesday 10/01 7:30 PM**, location TBD

Still a Need for Presenters!

If you are still interested in presenting this semester, contact me via Teams or email (lmc6418@psu.edu)

- There will be no application to be a presenter this semester, you just have to confirm with me that you are interested and can fulfill responsibilities
- **If you were interested in being a DHT sub-chair and did not get the position, feel free to become a presenter, there's still time**

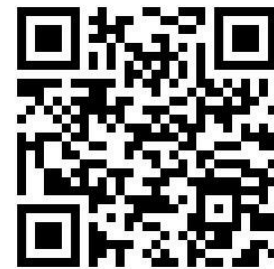
Service

Thanks for attending the first few service events!



Bracelets for Breast Cancer Awareness → 09.30

- **Next Meeting**
 - **Date:** Monday, September 30th
 - **Time:** 5-6 PM
 - **Location:** Thomas 122
 - **Tasks:** Create bracelets to be donated to Geisinger Hospital
- **Next Service Series**
 - What are your thoughts? 🤔



[Interest Form](#)

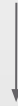
Paw Pals → Monthly

- Undergrad and grad students visit Park Forest Elementary monthly to **teach the kids STEM**
- **Time commitment:** ~1-2 hours/month
- We teach all disciplines of science, coordinating with their curriculum to provide parallel educational opportunities



For more information, check out these slides!

To sign up to volunteer, this is the interest form!

A circular illustration on a yellow background. On the left, a brown and white spotted paw is shown. On the right, a white hand with a yellow sleeve is shown. The background of the circle is black with white mathematical symbols and diagrams, including $a^2 = b^2 + 2ab$, $f(x)$, $f'(x)$, and a sine wave.

Questions?
eks5667@psu.edu

A blue and white QR code located on the right side of the yellow box.

<https://forms.gle/36k9JeTQSaLdK3zr6>

Lion Care Clinic Partnership → Monthly

Applications are reviewed on a **rolling** basis. Selected volunteers will receive an email from Hannah (hsm5182) two weeks before their clinic.

- September 28 clinic volunteers were notified via email last week.

[Application Link](#)



Tyrone 5K + Lion Care Volunteering → 09/28

Lion Care is staffing a 5K in Tyrone before their clinic **this Saturday** and is looking for volunteers in addition to its September volunteers!

- Staff 5K from 7:45 to 10:30 AM
- Observe in clinic after until 1 PM
- First come, first serve



Message Hannah on Teams

- 5 volunteer membership points
- Transportation to be organized

Lion Care Clinic School Supplies Drive

Providing Basic Necessities for Medically Under-Resourced Communities:

Drop Off: AED Office (Hetzl Lounge in HUB, **1 Service Pt** Per Donation)

Middle and High School:

| | |
|---------------------------|-------------------------|
| Notebooks | Pencils |
| Binders | Erasers |
| Pocket Folders | Highlighters |
| Pens | Pencil Cases |
| Calculators (4 Pt) | Backpacks (4 Pt) |

Elementary School:

| | | |
|-----------|--------------------|-------------------------|
| Notebooks | Construction Paper | Washable Markers |
| Pencils | Pencil Cases | Blunt-Tip Scissors |
| Erasers | Binders | Lunch Box |
| Folders | Colored Pencils | |
| Crayons | Glue Sticks | Backpacks (4 Pt) |

Evangelical Community Hospital → 10.13

- **Date:** Sunday, October 13
- **Time:** 12-6 PM
- **Location:** The Rusty Rail @ 5 N 8th St Suite #1, Mifflinburg, PA 1784
- **Tasks:** Assist the Evangelical Community Hospital with various tasks during their **unPAVED Cycling Event**

- **1 Service Point Per Hour**



[Interest Form](#)

PSCOM Backpack Packing: Fighting Food Insecurity

- We are partnering with PSCOM, the YMCA Anti-Hunger Program, and other leaders in State College to pack backpacks with food for elementary students to address **local food insecurity!**
- Backpack packing will take place on campus near the **Wagner Building**.



[Interest Form](#)

Professional Development

BRIDGE Headshots Event: September 25

[Sign Up Here](#)



1 Activity Point

- Wednesday, **September 25** at **7 PM** in Business Bldg 107
- Please refer to this document for your time slots if you have already signed up!
 - Please arrive 5 minutes before your time!

BRIDGE Personal Statement Workshop: October 2

- **Wednesday, October 2 at 7 PM**
in Wartik Lab 106
- Great opportunity to meet the PSCOM BRIDGE students and learn how to write about your narrative!
- **1 Activity Point** for attendance



Peer Mentorship Program Sign-Ups

- Sign-ups due **October 4 at 11:59 PM**
- Pairings will be announced next AED general body meeting (10/07)



Social Fun

Thank you all who came to Speed-Dating and Trivia!

I hope everyone that came had a blast!

More events are in the works for the future! (E.g. Pancake Social, Pumpkin Painting)

There will be other opportunities to compete for prizes, too!



Interest Form 2.0

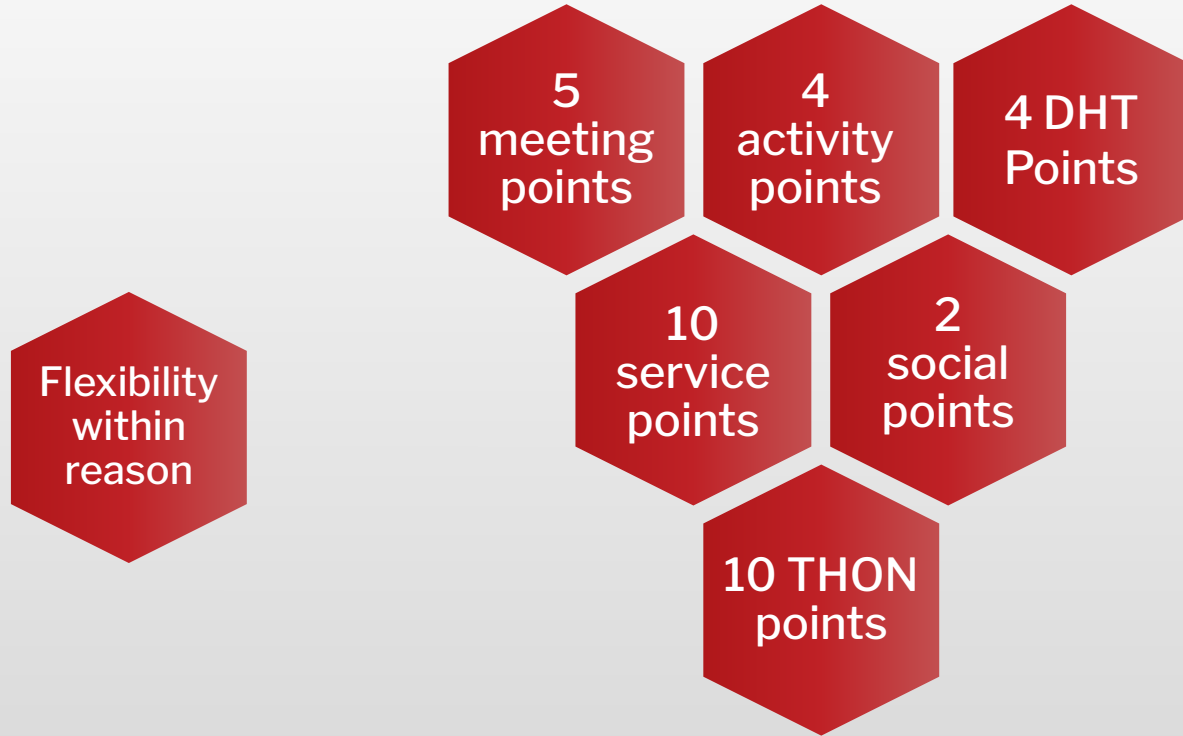
Lots of great suggestions in the last interest form!

- Socials
- Game nights
- Movie nights
- Exercise classes
- Lots of Pickleball suggestions!



Membership

Requirements for Distinguished Membership



Incentive: Discounted MCAT, GRE, DAT, prep resources!

Membership Info

- Listserv = Email List
- ** Please check general inbox and/or spam for emails! **
- Any questions regarding membership status, please reach out to me (Sophia) :)

AEDPSU.COM

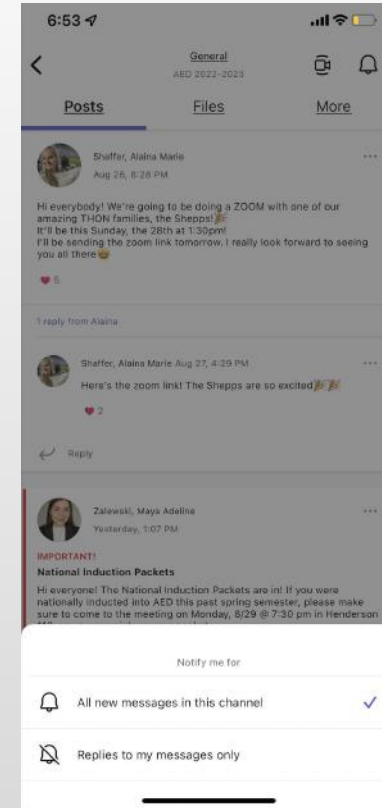
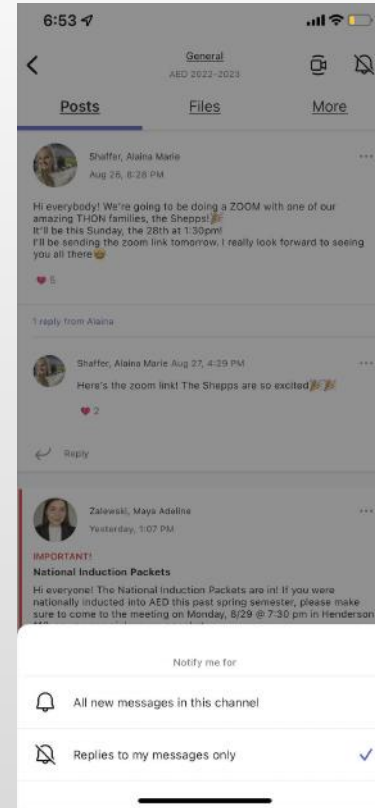
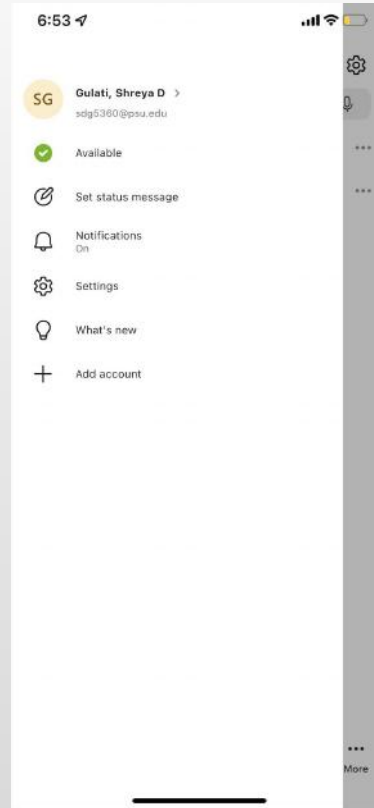
The screenshot shows the Alpha Epsilon Delta website with the 'Member Resources' link highlighted in the top navigation bar. Below the navigation bar, there are links for 'Calendar', 'Membership Documents', and 'Membership Status' (which is circled in red). The main content area features a large 'Membership Point' heading and a spreadsheet titled 'Fall 2023 Membership'. The spreadsheet has columns for 'Name', 'PSU EMAIL', and five 'Meeting' columns. The data is as follows:

| | A | B | C | D | E | F | G |
|----|-------------------|--------------------|------------------|------------------|------------------|------------------|------------------|
| 1 | | PSU EMAIL | Meetings | | | | |
| 2 | Name | ex. abc1234 | Meeting 1 | Meeting 2 | Meeting 3 | Meeting 4 | Meeting 5 |
| 3 | Maya Zalewski | maz5348@psu.edu | X | | | | |
| 4 | Hannah Mirshahi | hsm5182@psu.edu | X | | | | |
| 5 | Jennifer Acocella | jaa6132@psu.edu | X | | | | |
| 6 | Cade Walker | cmw6620@psu.edu | X | | | | |
| 7 | Laura Cooney | lmc6418@psu.edu | X | | | | |
| 8 | Andres Hollenbeck | ajh6835@psu.edu | X | | | | |
| 9 | Om Pattarkine | ovp5067@psu.edu | X | | | | |
| 10 | Joanna Delaney | jqd5766@psu.edu | X | | | | |
| 11 | Mikaili Puckerine | mvp5768@psu.edu | X | | | | |
| 12 | Aaliyah Liaci | ami7399@psu.edu | X | | | | |
| 13 | Abby Franey | aff5463@psu.edu | X | | | | |
| 14 | Akene Moutchia | axm6729@psu.edu | X | | | | |
| 15 | Akshata Shetty | ams10551@psu.edu | X | | | | |

TEAMS Tutorial

NOTE: Must do this with each channel!
i.e. The notification must be manually turned on for
“General”, “Meeting Slides”, etc

- Notifications
 - Teams > AED 2024-2025 General > Bell Icon (top right)
 - Settings > Teams App > Notifications > ALLOW
- Channels
 - General for AED announcements
 - Sub-chairs will also have a specific channel
 - Meeting slides for meeting recaps and links
- GroupMe for more informal questions, announcements



Office Hours

AED Office: Hetzel Lounge in the HUB (Past Art Alley on First Floor)

- Charvi Patel (Treasurer): Tuesdays 12:00 to 1:00 PM
- Hannah Mirshahi (President): Wednesdays 1:25 to 2:15 PM
- Reese Petrosky (THON Chair): Thursdays 10:30 to 11:45 AM
- Kevin Tian (Vice President): Thursdays 2:30 to 3:30 PM

Pick up national induction packets, drop off Lion Care donations, and ask general questions! Please message the exec member on Teams for us to let you in :)

GBM 3: Monday, 10/07
at 7:00 PM in HHD 350

Scan to join the GroupMe!



Scan for attendance!



Join our Teams using code: o1qvjf9